

# Cheese & Herb Scones

## INGREDIENTS (makes 8)

200g self-raising **flour**  
50g wholemeal self raising **flour**  
1/2 teaspoon **baking powder**  
50g polyunsaturated **margarine**  
50g mature Cheddar **cheese** – grated  
1/2 teaspoon mixed **herbs**  
150ml semi skimmed **milk**  
**flour** for rolling out



## EQUIPMENT

mixing bowl, teaspoon, table knife  
grater, flour dredger, baking tray

## METHOD

1. Heat the oven to 220°C/Gas 8. Place the flour and baking powder into the mixing bowl. Add the margarine, 'cut' and rub it in until the mixture resembles breadcrumbs.
2. Add the cheese and herbs to the bowl. Mix them in with the table knife.
3. Make a 'well' in the centre of the mixture. Add 6-8 tablespoons of milk and mix with the knife to form a stiff, dryish dough. Add more milk, if needed.
4. Lightly flour the work surface. Knead the dough very lightly and press it out to form a circle of about 3cm thickness. Using a knife, cut the dough into 8 equal sized pieces and place them separately on floured baking tray.
5. Bake for 10 - 15 minutes until well-risen and golden-brown.

## ALLERGY AWARENESS!

This recipe contains: Cereals containing gluten, Milk



# Sgons Caws a Pherlysiau

## INGREDIENTS (gwneud 8)

200g **blawd** codi  
50g **blawd** codi gwenith cyflawn  
½ llwy **de-powdr** codi  
50g o **fargarin** aml-annirlawn  
50g o **gaws** Cheddar aeddfed - wedi'i gratio  
½ llwy de - perlysiau cymysg  
150ml **llaeth** hanner sgim  
**blawd** ar gyfer paratoi



## EQUIPMENT

powlen gymysgu, llwy de, cylllell, gratiwr, ysgeintwr blawd, hambwrdd pobi

## DULL

1. Cynheswch y popty i 220°C. Nwy 8 Rhowch y blawd a'r powdwr codi i mewn i'r bowlen gymysgu. Ychwanegwch y margarin, torrwh a rhwbiwch nes bod y gymysgedd yn debyg i friwsion bara.
2. Ychwanegwch y caws a'r perlysiau i'r bowlen. Cymysgwch nhw i mewn gyda'r gyllell fwrdd.
3. Gwnewch le yng nghanol y gymysgedd. Ychwanegwch 6-8 llwy fwrdd o laeth a chymysgwch gyda'r gyllell i ffurfio, toes sychlyd. Ychwanegwch fwy o laeth, os oes angen.
4. Rhowch ychydig o flawd ar yr arwyneb gwaith. Tylinwch y toes yn ysgafn iawn a gwasgwch allan i ffurfio cylch o tua 3cm o drwch. Gan ddefnyddio cylllell, torrwh y toes yn 8 darn o faint gyfartal a'u gosod ar wahân ar dun pobi sydd â ychydug o flawd arno.
5. Pobwch am 10-15 munud nes eu bod wedi codi'n dda, ac yn liw euraidd.

## YMWYBYDDIAETH ALERGEDD!

Mae'r rysâit hon yn cynnwys: Grawnfwydydd sy'n cynnwys glwten, Llaeth

